

Pink Lady @ Apple and Cheese Croquettes

Makes approx. 30



Ingredients:

Filling

- 3 Tbsp (45ml) butter
- 1 Pink Lady® apple, cored, peeled and finely diced
- 2 tsp (10ml) fresh thyme, chopped
- 3 Tbsp (45ml) flour
- 1 cup (250ml) cream
- 7½ cup (60g) grated mozzarella
- Salt and pepper

Coating

- 3 Tbsp (45ml) butter
- 2 eggs, lightly whisked
- 2 cups (500ml) bread crumbs, seasoned

Dipping sauce

- 3 Tbsp (45ml) butter
- ∑½ cup (125ml) full-cream yogurt
- 2 Tbsp (30ml) chopped fresh basil
- Salt and pepper
- 2 Tbsp (30ml) olive oil
- 1 tsp (5ml) finely grated lemon rind

Method:

- 1. Heat the butter in a saucepan. Add the apple and thyme and cook for 5 minutes.
- 2. Stir through the flour, then the cider and cream. Continue cooking until thickened.
- 3. Stir in the cheese, season to taste, then pour into a shallow dish.
- 4. Leave to cool, then place in the fridge until set.
- 5. Roll the mixture into uniform balls about the size of a golf ball.
- 6. Dip each ball in the flour, then the egg, and then into the seasoned bread crumbs. Repeat with each ball.
- 7. Deep fry each ball until golden brown, then drain on kitchen paper.
- 8. Mix all the dipping sauce ingredients together and serve with the croquettes.





